Call to Action Procession from St Mary's Pastoral Centre to Nakuru Town 11 February, 2011 at 2pm

11 February was a significant day – the national uprising in Egypt came to a climax, impacting the future of North Africa. But also the anniversary of the announcement in South Africa, in 1990, by then President F W de Klerk that Nelson Mandela would be released. And, in 1979, the same date when Islamic revolutionaries took over the ...Iranian State Radio upturning their country. By comparison, what 80 young Africans did on 11 February, walking and dancing through the streets of Nakuru in Kenya, was tiny. But it carried the same spark. Drawn from eight countries between Rwanda and Sudan, they wore T-shirts proclaiming 'It's time to act' and carried slogans like 'Corruption is a moral issue' and 'To raise the standard, I must raise my standards'.

They sang over and over: 'We are the change generation and we'll impact the nation...For change is within us.'

What stood out in Nakuru was the bond of commitment between those leading the action and their insistence that inner 'change' is the driver for social change, heard repeatedly during their four-day IofC Eastern Africa Youth Conference, of which the street demonstration was a climax.

The Action for Life 5 (AFL5) team in East Africa was right at the heart of it, giving support and passion, and gaining energy from this exuberant but serious network of young Africans.

Mike Brown